



DISASTER RELIEF  
AUSTRALIA



nab  
foundation

Major partners

# Whatever happens, be prepared

Reduce your risk and stay safe during a disaster

NAB Foundation and Disaster Relief Australia have joined forces to ensure you're ready for future disasters. Keep this checklist around so you'll always know what to do.



## Know your level of risk

Understand what the disaster risks are for your area. Visit your local council's website for guidance and download your state's emergency app.



## Pack an emergency kit

You'll need essentials on hand in case you need to evacuate quickly. Pack long-life food, a first-aid kit, important medication, and a battery-powered radio. Don't forget a can opener and spare batteries too. Make sure you copy passports and ensure you have secure backup methods for accessing important services such as banking.



## Make an emergency plan

Create a plan so you know what your household should do in extreme weather. Get Ready Queensland has an online form that's helpful to guide you through the process (even if you don't live in QLD). It should only take 20 mins to complete.



## Review your plans every year

Put a reminder in your diary to do an annual check of your emergency plans and supplies.



## Disaster-proof your home

Reduce your risks at home. A helpful place to start is by checking there are no holes in your roof or leaves filling your gutters. Make sure you know what your insurance covers. Are your home, car, or personal items insured and for their correct replacement value?